



DROWNING IS THE **2ND** LEADING CAUSE OF UNINTENTIONAL DEATH IN CHILDREN **AGES 5-14**

# FREE SAFETY CLINIC

JOIN US TO LEARN VALUABLE WATER SAFETY SKILLS FOR CHILDREN OF ALL AGES

## ZIEGLER PARK POOL

June 9, 16, or 23  
9:00-10:00am



For Children of ALL Ages. Parents Welcome.

FREE with Paid Pool Admission

**Swim Suit Required**

## CLINIC ACTIVITIES

This is an interactive class where our teachers will use fun games and activities in and around the pool to teach key safety skills such as:

- Why Lifeguards are Your Friends
- Why Pool Rules are Important
- How to Identify Dangerous Situations
- What to do if a Friend Needs Help
- How to Properly Fit a Lifejacket
- In-Water Safety Skills
- Intro to Swimming (for all levels)
- Why Swim Lessons are Important

ONLINE REGISTRATION REQUIRED:

[www.ziegler.coursestorm.com](http://www.ziegler.coursestorm.com)

